LOCATION:
Hilton BayFront, San Diego

Arthroscopy
Arthroplasty
Fractures

33rd Annual
San Diego Course
June 22-25, 2016
Register online: www.shoulder.com

Program Chairmen:
James C. Esch, M.D., SDSI President and C.E.O
Jon “J.P.” Warner, M.D., SDSI Board Member

Program Co-Chairman:
Matthew T. Provencher, M.D., SDSI Board Member

Specialized Break-out Sessions
Controversies in Instability, Evaluation and Treatment of the Throwing Shoulder, Latarjet Techniques, Massive Rotator Cuff Repairs, Patient Specific Instrumentation, and Tips for Reverse Shoulder Arthroplasty
Arthroscopy and Arthroplasty Cadaver Laboratories
Exclusive Personalized Instructional Cadaver Lab
Poster Presentations
For thirty-three years, San Diego Shoulder Institute has been recognized as the undisputed best shoulder course in the world. Our exceptional, world-renowned faculty, scientifically-structured curriculum, innovative break-out sessions, and customized skills laboratory sessions support the foundation of our exemplary status. Our interactive and robust learning environment offers voluminous pearls to be implemented in the practice setting. Our diverse structure addresses key professional practice gaps in the field of orthopaedics and meets the needs of the practicing physician from novice to expert.

This year SDSI has raised the bar of professional practice by shaking up our curriculum to energize, empower, and equip our attendees to take key concepts of evidenced based shoulder care into the practice setting.

The purpose of this course is to provide strategies to equip physicians to provide the highest level of analytical, diagnostic, and treatment practice modalities specific to shoulder arthroscopy, arthroplasty, fracture management, and complex shoulder etiologies. Bringing together expert faculty, course content focuses on known best practice, latest technological advances, and evidence based research related to shoulder care. Physicians will benefit directly from the following formats of educational interaction:

Lecture Sessions:
We have again assembled the “best of the best” in the global shoulder community. You won’t want to miss our comprehensive and dynamic lecture format. Audience participation is encouraged.

- Evaluate specific “how to” approaches and technical pearls
- Discover how the experts handle complex problems and prevent complications
- Glean immediate strategies regarding altering your plan when your actual experience differs from the expected
- Integrate evidence-based approaches into optimum clinical decision-making strategies
- Participate with your peers in interactive case-based discussions regarding the most pressing issues in shoulder care

BREAK-OUT SESSIONS:
These customized sessions are specifically designed to allow participants to achieve individualized learning goals. Held in small-group settings, our expert faculty lead discussions and present specific information regarding high-end practice, tips and pearls to improve practice and prevent complications, and strategies to handle difficult cases. The sessions are dynamic and interactive.

Controversies in Instability: An Evidenced-Based Approach to bone loss, beach-chair vs. lateral decubitus, and other issues. Management of shoulder instability includes a broad spectrum of pathologies and treatment options. Surgeons report varied outcomes based on a variety of open, arthroscopic, and rehabilitative techniques. Ascertain best treatment options from our experts.

Evaluation and Treatment of the Throwing Shoulder: This session provides an opportunity to experience the impact of throwing shoulder etiologies in a format that is seldom offered. We bring together expert team physicians, professional trainers, and pitching staff who can directly relate patho-mechanics of the throwing shoulder to the clinical situation in real-time analysis. Visit PETCO Park Baseball Field! Join team physicians and staff for a didactic and on the field demonstration of prevention, evaluation and treatment of shoulder throwing injuries.

Latarjet Techniques: Indications and Technical Pearls to Avoid Problems: This dynamic discussion lead by leaders in the field reviews specific tips for selecting the Latarjet technique. The session moves on to demonstrate how to perform this demanding procedure, how to avoid complications, and how to safely navigate around the potentially perilous anatomy that surrounds the Latarjet “envelope.” This session will be followed by a closed Latarjet technique demonstration with expert commentary.

Massive Rotator Cuff Repairs: The Debate on Best Treatment Options: Treatment options for rotator cuff tears is diverse. This dynamic discussion covers the current controversies challenging surgeons today. Hear our experts review pros and cons of treatment strategies. The session will include a comprehensive review by our panel of: arthroscopic repair (partial/ complete), vs. Patch Grafting, vs. Superior Capsular Reconstruction, vs. tendon transfer, vs. reconstruction. Active audience participation encouraged.

CONTINUED NEXT PAGE...
Patient Specific Instrumentation: Effectiveness of Appropriate Selection and Utilization for Shoulder Arthroplasty: Use of 2D imaging presents challenges of finding the optimal location, orientation, and planning for arthroplasty, especially for the glenoid component. Current expansion of 3D imaging suggests accuracy of reproducing a surgical plan and improved outcomes. This session addresses how to optimize surgical time, techniques to manage surgically challenging steps, indications for pre-operative planning, and implementation of the 3D guide.

Proximal Humerus and Other Fractures: Successful treatment and reconstruction of proximal humerus fractures presents a challenge and technical expertise that few surgeons have the opportunity to develop. Our faculty will provide essential strategies to accurately assess, to develop a plan of care, and to implement technical interventions to positively affect patient outcome.

Tips for Reverse Shoulder Arthroplasty: The introduction of reverse arthroplasty has impacted surgeon practice and decision making. Join our experts as they share insights on current indications for reverse arthroplasty, key technical points for appropriate soft tissue tensioning, and tips to prevent the most frequent complications.

Laboratories/Workshops: All laboratories and workshops provide individualized instruction in a mock surgical environment. Participants customize the hands-on learning experience based on identified learning goals. Personalized sessions provide immediate critique and recommendations for technical improvement from our expert faculty.

Arthroscopy Skills Session: New and Improved! Research indicates practice on realistic shoulder models significantly improves surgeon skill. Begin this informative session with a didactic presentation of essential tips and pearls from our experts to include a dynamic panel discussion. The session then breaks out into individualized focus demonstrations followed by hands-on practicum via the use of realistic shoulder models. Our faculty will lead you through the essential components of anterior instability repair, remplissage, and rotator cuff repair. An optional knot-tying session is available for those interested in perfecting knot-tying skills.

Cadaver Arthroscopy Surgical Laboratory: This session allows participants to actively perform an arthroscopy procedure on a cadaveric specimen. Expert faculty will guide participants in essential arthroscopic diagnostic and operative techniques. Receive expert recommendations and practice on a cadaveric specimen. Sessions are customized based on individualized learning goals and current skill level. Potential of two students per cadaver.

Exclusive Personalized Instructional Cadaver Lab: Don't miss this educational chance of a lifetime! Receive one on one instruction from one of our expert faculty. You select the instructor and the procedure! Space is extremely limited. Register now!

Mini-Executive Fellowship: Arthroscopic Rotator Cuff Repair: This session is designed to teach the steps of arthroscopic rotator cuff repair using life-like models and a portable arthroscopic camera. Participants will have the opportunity to perform a complete rotator cuff repair following step-by-step demonstration by the instructor. Anchor insertion and knot tying will complete the session. Each student will receive supplemental instructional materials prior to the course. Course requirements: You must bring a current laptop to the session.

Shoulder Arthroplasty and Fracture Fixation Workshop: This session demonstrates current techniques to treat shoulder arthritis and trauma. Participants are exposed to multiple equipment options to practice arthroplasty and fracture fixation techniques. No pre-registration required. You won't want to miss this session!

Luncheon Workshop Series: Presented by expert physicians in the field! No Charge! Held Thursday and Friday, attendees will review current technological advances and surgical techniques in shoulder arthroplasty, arthroscopy, and special topics. Presented by the experts in the field. Register early.
San Diego Shoulder Faculty

Program Director: James C. Esch, M.D.
President and C.E.O,
San Diego Shoulder, Course Chairman

Jon “J.P.” Warner, M.D.
Course Chairman
SDSI Board Member

Matthew T. Provencher, M.D.
Course Co-Chairman
SDSI Board Member

Larky Blunck, R.N. – Chief Operating Officer
Leslie Lebitski – Lead Executive Assistant
Kelly Blunck, Jenny Blumenthal, Wendy Sommers – Executive Assistants

SDSI Board of Directors:

Greg Alberton, M.D.
San Diego, CA

Felix H. Savoie III, M.D.
New Orleans, LA

Steve Burkhart, M.D.
San Antonio, TX

Stephen J. Snyder, M.D.
Van Nuys, CA

Course Planning Committee and Lecture Faculty:

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Medford, OR

Ron Navarro, M.D.
Harbor City, CA

Mark Getelman, M.D.
Van Nuys, CA

Jonathan Ticker, M.D.
Merrick, NY

Course Lecture Faculty:

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Princeton, NJ

Brian Cole, M.D.
Chicago, IL

George Athwal, M.D.
Ontario, Canada

Lynn Crosby, M.D.
Augusta, GA

Carl Basamania, M.D.
Seattle, WA

Bassem Elhassen, M.D.
Rochester, MN

Asheesh Bedi, M.D.
Ann Arbor, MI

Larry Field, M.D.
Jackson, MS

Mohit Bhandari, M.D.
Ontario, Canada

Evan Flattow, M.D.
New York, NY

Pascal Boileau, M.D.
Nice, France

Mark A. Frankle, M.D., FACS
Tampa, FL
Course Lecture Faculty Continued:

Laura Alberton, M.D.
San Diego, CA

Richard Biama, M.D.
Redlands, CA

Shariff Bishai, D.O., M.S.
Saint Clair Shores, MI

Paul Brady, M.D.
Knoxville, TN

Don Buford, Jr., M.D.
Dallas, TX

Joseph Burns, M.D.
Los Angeles, CA

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Bethlehem, PA

William Ciccone II, M.D.
Wheat Ridge, CO

Akin Cil, M.D.
Kansas City, MO

John Costouros, M.D.
Redwood City, CA

Ryan M. Dopirak, M.D.
Manitowoc, WI

Thomas Duquin, M.D.
Buffalo, NY

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Phoenix, AZ

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Reuben Gobezie, M.D.
Cleveland, OH

Joseph Iannotti, M.D.
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Thay Lee, PhD
Long Beach, CA

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Calgary, Alberta, Canada

Timothy Mologne, M.D.
Appleton, WI

Tom Norris, M.D.
San Francisco, CA

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Chicago, IL

Richard K.N. Ryu, M.D.
Santa Barbara, CA

Joaquin Sanchez-Sotelo, M.D.
Rochester, MN

Markus Scheibel, M.D.
Berlin, Germany

Scott W. Trenhaile, M.D.
Rockford, IL

Philippe Valenti, M.D.
Paris, France

Donald Wiss, M.D.
Los Angeles, CA

Joseph Zuckerman, M.D.
New York, NY

Other Faculty Include:

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San Diego, CA

Richard Biama, M.D.
Redlands, CA

Shariff Bishai, D.O., M.S.
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Encinitas, CA

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Rancho Mirage, CA

Erik Stark, M.D.
Oceanside, CA

Howard Sweeney, M.D.
Northbrook, IL

Stefan Tolan, M.D.
Greenville, SC

Peter S. Vezeridis, M.D.
Los Angeles, CA

Matthew P. Willis, M.D.
Nashville, TN

Edmund Young, M.D.
San Diego, CA
**Wednesday – June 22, 2016**

**PROGRAM**

6:30 a.m. - 6:00 p.m.  
**Course Registration**

7:00 a.m. – 8:00 a.m.  
**Visit Exhibits - Continental Breakfast**

**Cadaver Total Shoulder/Reverse Total Shoulder Small Group Laboratory**  
**Exclusive Personalized Instructional Cadaver (EPIC) Laboratories**  
(Room 310: Lectures  Aquas Salon: Lab)

8:00 a.m. – 11:30 a.m.  
**Shoulder Arthroplasty Basics: Opening Lectures**

- **8:00 a.m.**  
  How I Use Preoperative Planning for Surgical Success  
  George Athwal, M.D.

- **8:15 a.m.**  
  Optimizing Exposure: Steps for Successful Visualization and Performance  
  Reuben Gobezie, M.D.

- **8:30 a.m.**  
  Revision Arthroplasty: How to Avoid Problems  
  Joseph Zuckerman, M.D.

- **8:45 a.m.**  
  Essential Tips for Surgical Improvisation: My Plan B & C  
  Evan Flatow, M.D.

- **9:00 a.m.**  
  Final Thoughts on Making Your Lab a Successful Learning Experience  
  Timothy Mologne, M.D.

**Cadaver Laboratory: Individualized instruction in Arthroplasty/Reverse Arthroplasty**  
(Session includes Exclusive Personalized Instructional Cadaver (EPIC) Laboratory opportunities)

- **Labs: 9:00 a.m. – 11:30 a.m.**  
  **EPIC:**  
  Brian Cole, M.D., Anthony A. Romeo, M.D.
  Reuben Gobezie, M.D., Evan Lederman, M.D.,  
  Matthew Provencher, M.D., Markus Scheibel, M.D.

- **DePuy Synthes:**  
  **EPIC:**  
  John Costouros, M.D., Bassem Elhassan, M.D.
  Carl Basamania, M.D., Shariff Bishai, M.D., Michael Metcalf, M.D., Peter Vezeridis, M.D.

- **DJO:**  
  **EPIC:**  
  Joseph Iannotti, M.D.
  **LABS:**  
  Mark A. Frankle, M.D., Andrew Hartman, M.D., Patrick St. Pierre, M.D.

- **Exactech:**  
  **EPIC:**  
  Lynn Crosby, M.D., Joseph Zuckerman, M.D.
  **LABS:**  
  Richard Biama, M.D., Raymond Klug, M.D., Ron Navarro, M.D.

- **FH Orthopedics:**  
  **LAB:**  
  Philippe Valenti, M.D.

- **Integra:**  
  **LAB:**  
  Reza Omid, M.D.

- **Stryker:**  
  **EPIC:**  
  Joaquin Sanchez-Sotelo, M.D.
  **LAB:**  
  Mark Mighell, M.D., Stefan Tolan, M.D.

- **Wright:**  
  **EPIC:**  
  Pascal Boileau, M.D., Jon J.P. Warner, M.D.
  **LABS:**  
  George Athwal, M.D., Heinz Hoenemke Jr., M.D., Daniel Keefe, M.D.,  
  Tom Norris, M.D.

- **Zimmer Biomet:**  
  **EPIC:**  
  Tom Duquin, M.D., Evan Flatow, M.D.
  **LABS:**  
  Asheesh Bedi, M.D., R. Michael Greiwe, M.D., Timothy Hartshorn, M.D.,  
  Erich Lingenteller, M.D.

11:30 a.m.  
**Lab ends**

**Arthroscopy Skills Session (via use of realistic shoulder models)**  
(Indigo Lecture Hall: Opening Lectures)

8:00 a.m. – 12:00 p.m.  
**Lecture Series: Arthroscopy Basics**

- **8:00**  
  Setting Yourself Up for Arthroscopic Success - Your Plan and Your Set-Up  
  Scott Trenhaile, M.D.

- **8:15**  
  Shoulder Arthroscopy:  
  A Systematic Approach in Order to See the Big Picture and What Not to Miss  
  Jonathan Ticker, M.D.

- **8:30**  
  Labrum Repair Basics  
  Mark Getelman, M.D.

- **8:45**  
  Rotator Cuff Repair:  
  From Single to Double Row  
  Patrick Denard, M.D.

- **9:00**  
  Special Tricks for the Cuff and the Biceps  
  Ian K.Y. Lo, M.D.

- **9:15**  
  The Key to Augmenting Your Learning Curve in the Lab  
  Panel Discussion and Key Insights from our Experts.  
  **Panel:**  
  Denard, Getelman, Lo, Trenhaile

- **9:35**  
  Audience Questions and Answers  
  Jonathan Ticker, M.D.
Break-Out Sessions: 9:40 a.m. – 12:00 p.m.
These sessions begin with focus demonstration, key tips, and discussion by our expert faculty followed by hands-on practicum via use of realistic shoulder models. Our faculty will lead you through the essential components of: anterior instability repair, remplissage, and rotator cuff repair using both single row and double row techniques.

Arthrex: Stephen Burkhart, M.D., Paul Brady, M.D., Patrick Denard, M.D., Anshu Singh, M.D.

ConMed: Donald Buford, M.D., Joseph Burns, M.D., Ryan Dopirak, M.D., Marc Labbe, M.D., Jovan Laskovski, M.D.

DePuy Synthes Mitek Sports Medicine: William Ciccone, Mark Getelman, M.D., Paul Favorito, M.D., Amon Ferry, M.D., Russell Petrie, M.D., Frank Petriglano, M.D.

Smith & Nephew: Greg Alberton, M.D., Larry Field, M.D., Ian K.Y. Lo, M.D., Jonathan Ticker, M.D., Scott Trenhaile, M.D.

Zimmer Biomet: Gregory Carolan, M.D., Brett Sanders, M.D.

12:00 p.m. Visit Exhibits – Light Lunch Provided

Arthroplasty
Moderator: Joseph Zuckerman, M.D.

1:00 – 1:10 Welcome
James C. Esch, M.D., Jon "J.P." Warner, M.D.

1:10 – 1:15 Arthroplasty Session Overview
Joseph Zuckerman, M.D.

1:15 – 1:30 How Can Registries Help Us Improve our Performance With Shoulder Arthroplasty
Ronald Navarro, M.D.

1:30 – 1:34 Case Presentation:
Moderator: Joseph Zuckerman, M.D.
Young patient with Arthritis
Stephen Burkhart, M.D.

1:34 – 1:40 The Role of Arthroscopy (Debridement vs Resurfacing: Evidence and Experience)
Ronald Navarro, M.D.

1:40 – 1:46 The Role of Hemiarthroplasty (With/Without Resurfacing: Evidence and Experience)
Sumant Krishnan, M.D.

1:46 – 1:52 My Approach to TSR, Including Stemless: Evidence and Experience
Markus Scheibel, M.D.

1:52 – 2:15 Panel Discussion with Audience Participation:
Moderator: Joseph Zuckerman, M.D.
Young patient with Arthritis
Case Outcome: Young patient with Arthritis
Panel: Burkhart, Krishnan, Scheibel

2:15 – 2:25 Glenoid Morphology: How Does it Affect My Plan and How Important is Preoperative Planning?
George Athwal, M.D.

2:25 – 2:35 Avoiding Infection in Shoulder Arthroplasty
Lynn Crosby, M.D.

2:35 – 2:45 Revision of a Failed TSR
Joaquin Sanchez-Sotelo, M.D.

2:45 – 3:05 Panel Discussion with Audience Participation:
Moderator: Joseph Zuckerman, M.D.
Dealing with Revisions, Subscapularis Failure, Infection
Panel: Athwal, Burkhart, Crosby, Frankie & Lederman, Sanchez-Sotelo, Scheibel

3:05 – 3:30 Visit Exhibits- Refreshments

Reverse Prosthesis
Moderator: Joseph Iannotti, M.D.

3:30 – 3:34 Session Introduction:
Joseph Iannotti, M.D.

3:34 – 3:38 Case Presentation:
Moderator: Evan Flatow, M.D.
Rotator Cuff Arthropathy Patient with Profound Loss of E.R.
My Learning Curve Can Help You Shorten Yours
Jon "J.P." Warner, M.D.

3:38 – 3:44 How I Place my Baseplate to Avoid Notching
Mark Frankie, M.D.

3:50 – 3:56 How I Avoid Instability
Anthony Romeo, M.D.

3:56 – 4:02 This Patient Needs a Tendon Transfer
Pascal Boileau, M.D.

4:02 – 4:20 Panel Discussion with Audience Participation:
Moderator: Evan Flatow, M.D.
Case Outcome: Rotator Cuff Arthropathy Patient with Profound Loss of E.R.
Panel: Boileau, Frankie, Romeo, Warner

4:20 – 4:24 Case Presentation: Severe Glenoid Bone Loss
Moderator: George Athwal, M.D.

4:24 – 4:30 I Use a Bone Graft and Long Post
Pascal Boileau, M.D.

4:30 – 4:36 I Use a Baseplate without Bone Graft
Joseph Zuckerman, M.D.

4:36 – 4:42 I Lateralize without Bone Graft
Mark Frankie, M.D.

4:42 – 5:00 Panel Discussion with Audience Participation:
Moderator: George Athwal, M.D.
Case Outcome: Severe Glenoid Bone Loss
Panel: Boileau, Frankie, Zuckerman

5:00 – 5:04 Case Presentation: Revision of Failed TSR to Reverse
Moderator: Jon "J.P." Warner, M.D.

5:04 – 5:10 My Approach to Revision of TSR to Reverse TSR
Joaquin Sanchez-Sotelo, M.D.

5:10 – 5:16 My Approach to Revision of TSR to Reverse TSR
Lynn Crosby, M.D.

5:16 – 5:22 My Approach to Revision of TSR to Reverse TSR
Joseph Iannotti, M.D.
Wednesday Continued – June 22, 2016

5:22 – 5:39 Panel Discussion with Audience Participation: Case Outcome: Revision of a Failed TSR to Reverse
Panel: Crosby, Iannotti, Sanchez-Sotelo

5:39 – 5:46 Managing Complications of Reverse Prosthesis
Mark Frankle, M.D.

5:46 – 6:15 Panel Discussion with Audience Participation: Case Outcome: Irreparable RCT without Arthritis, Irreparable Suprascapular Tear with TSR
Panel: Athwal, Boileau, Crosby, Flatow, Frankle, Sanchez-Sotelo, Warner, Zuckerman

6:15 p.m. – 7:30 p.m. Chairman’s Reception Exhibit Area
Network with SDSI’s Board of Directors and our faculty while enjoying a Light dinner. Beer and Wine served.

Total Shoulder & Fracture Fixation Equipment Workshops
7:30 p.m. – 9:00 p.m. Open session: Pre-Registration is not required
Indigo Foyer

Thursday – June 23, 2016

Registration open 6:45 a.m. – 6:30 p.m.
7:00 a.m. - 7:50 a.m. Registration - Visit Exhibits - Continental Breakfast

Rotator Cuff Part I
Moderator: Felix Savoie, M.D.

7:50 – 8:00 Today’s Plan
James C. Esch, M.D., Jon J.P. Warner, M.D.

8:00 – 8:04 Case Presentation:
Medium Posterosuperior Rotator Cuff Tear
Brian Cole, M.D.

8:04 – 8:10 My Preference is Double Row - Evidence & Practice
Mark Getelman, M.D.

8:10 – 8:16 My Preference is Single Row - Evidence & Practice
Joseph Iannotti, M.D.

8:16 – 8:30 Panel Discussion with Audience Participation:
Case Outcome: Medium Posterosuperior Rotator Cuff Tear
Panel: Cole, Getelman

8:30 – 8:34 Case Presentation:
Subscapularis Tear
Felix Savoie, M.D.

8:34 – 8:40 Direct Arthroscopic Repair: Evidence & Experience
Joseph Iannotti, M.D.

8:40 – 8:46 Biologic Augmentation has a Role: Evidence & Experience
Bassem Elhassan, M.D.

8:46 – 8:52 Irreparable Subscapularis Tear: Tendon Transfer & Other Thoughts
Scott Trenhaile, M.D.

8:52 – 9:30 Panel Discussion with Audience Participation:
Case Outcome: Suprascapularis Tear
Panel: Elhassan, Iannotti, Savoie

9:30 a.m. Visit Exhibits- Refreshments

Rotator Cuff Part II
Moderator: Joseph Zuckerman, M.D.

10:15 – 10:19 Case Presentation: Massive Rotator Cuff Tear
Joseph Zuckerman, M.D.

10:19 – 10:25 My Steps in Repairing it and Getting it to Heal
Anthony Romeo, M.D.

10:25 – 10:31 Biologics Have a Role in Getting it to Heal
Brian Cole, M.D.

10:31 – 10:37 The Preoperative Plan and Technical Steps are Key
Scott Trenhaile, M.D.

10:37 – 11:00 Panel Discussion with Audience Participation:
Case Outcome: Massive Rotator Cuff Tear
Panel: Cole, Romeo, Trenhaile

The Scientists Weigh in on Rotator Cuff Disease: What the Clinicians Need to Know
Moderator: Joseph Zuckerman, M.D.

11:00 – 11:20 Keynote: The Scientific Basis for Tendon Healing
Ashesh Bedi, M.D.

11:20 – 11:40 Keynote: Biomechanics of Rotator Cuff including Superior Capsular Reconstruction
Thay Lee, PhD

11:40 – 11:46 The Role of PRP, and Other Biological Factors
Ashesh Bedi, M.D.

11:46 – 12:00 Panel Discussion with Audience Participation:
Tendon Healing, Superior Capsular Reconstruction, and the Role of PRP and Other Biologic Factors
Panel: Bedi, Lee
Thursday Continued – June 23, 2016

12:00 – 1:30 p.m.  
Company Sponsored Arthroscopy Luncheon Workshops Excellent faculty. Lunch provided.  
Limited Registration! Sign up on our website early to secure your place.  
OR (in lieu of attending workshop session): Lunch on your own

1:30 – 2:00 p.m.  Visit Exhibits- Refreshments

Rotator Cuff Part III  
Moderator: Jon “J.P.” Warner, M.D.

2:00 – 2:04  
Case Presentation:  
Irreparable Rotator Cuff Tear  

2:04 – 2:10  
The Spectrum of Disease- Weakness vs Pseudoparalysis  
Jon “J.P.” Warner, M.D.

2:10 – 2:16  
Complete Repair is the Primary Procedure of Choice  
Patrick Denard, M.D.

2:16 – 2:22  
Partial Repair is All That is Needed  
Larry Field, M.D.

2:22 – 2:28  
Patch Grafting is the Solution  
Steve Snyder, M.D.

2:28 – 2:34  
Superior Capsular Reconstruction Will Change Everything  
Stephen Burkhart, M.D.

2:34 – 2:40  
Arthroscopic – Assisted Lattisimus Transfer is the Answer  
Philippe Valenti, M.D.

2:40 – 2:52  
Lattisimus Transfer, Lower Trapezius Transfer- Clinical & Biomechanical Evidence for Best Approach  
Bassam Elhassan, M.D.

2:52 – 3:40  
Panel Discussion with Audience Participation:  
Case Outcome: Irreparable Rotator Cuff Tear  
Panel: Burkhart, Elhassan, Denard, Field, Snyder, Valenti

3:40 – 4:15 p.m.  Visit Exhibits- Refreshments

Instability  
Moderator: Matthew Provencher, M.D.


4:15 – 4:19  
Case Presentation:  
A Young Patient with Recurrent Traumatic Anterior Instability  

4:19 – 4:25  
Arthroscopic Repair is Reliable for this Patient  
Jeffrey Abrams, M.D.

4:25 – 4:31  
When There is Bone Loss on the Glenoid and a HS Lesion Remplissage is the Answer  
Larry Field

4:31 – 4:37  
Open Latarjet is the Way to Go  
Felix Savoie, M.D.

4:37 – 4:43  
Arthroscopic Latarjet is the Best Approach  
Pascal Boileau, M.D.

4:43 – 5:06  
Panel Discussion with Audience Participation:  
Case Outcome: Recurrent Traumatic Anterior Instability  
Panel: Abrams, Boileau, Field, Savoie

5:06 – 5:10  
Case Presentation:  
Recurrent Posterior Instability-A Case with Retroversion  

5:10 – 5:16  
Arthroscopic Posterior Capsular Shift/Bankart is Reliable  
Larry D. Field, M.D.

5:16 – 5:22  
Retroversion is a Problem- The Role for Bone Grafting or Osteotomy  
Pascal Boileau, M.D.

5:22 – 5:28  
My Approach When a Posterior Bankart Fails  
Anthony Romeo, M.D.

5:28 – 6:15  
Panel Discussion with Audience Participation:  
Case Outcome: Recurrent Posterior Instability with Retroversion  
Panel: Boileau, Field, Romeo

6:15 p.m.  
Company Sponsored Focus Demonstrations with dinner available OR Dinner on Your Own

Friday – June 24, 2016

6:45 a.m. – 5:00 p.m.  Registration Hours

6:45 a.m. – 7:30 a.m.  Continental Breakfast

7:30 a.m.  Cadaver Arthroscopic/Latarjet Surgery Laboratory (Aqua Salon)  
Perform a complete arthroscopic procedure. Then move on to perform the highly specialized Latarjet technique. Individualized instruction. Potential of two students per specimen. (Session includes Exclusive Personalized Instructional Cadaver (EPIC) Laboratory opportunities)
Evaluation and Treatment of the Throwing Shoulder
Bus leaves outside north entrance lower level lobby at 8:15 a.m.

NOTE: ALL REGISTRANTS MUST BE ON BUS to gain access for this session!

Session: 8:30 a.m. – 12:00 noon:
Pitching and throwing shoulder injuries are becoming more prominent. SDSI is pleased to offer a focused and customized session lead by Team Physicians and coaches and staff of the Padres Major League Baseball Club. Join Heinz Hoenecke, M.D., Jan Fronek, M.D., Daniel Keefe, M.D. and others to discover key strategies to evaluate, prevent, and treat throwing shoulder injuries. The session includes a visit to PETCO Park, access to the player’s club house and therapy department, and an on-the-field demonstration. Our faculty will address injuries for professional and youth athletes.

Break-Out Sessions: Pre-Registration Required
8:00 – 10:00 a.m. Tips for Reverse Shoulder Arthroplasty
Evan Flatow, M.D., Tom Norris, M.D.

10:30 – 12:00 p.m. Controversies in Instability: An Evidenced-Based Approach to bone loss, beach-chair vs. lateral decubitus, and other issues
Ashesh Bedi, M.D., Scott Trenhaile, M.D.

10:30 – 12:00 p.m. Proximal Humerus and Other Fractures
Carl Basamania, M.D., Don Wiss, M.D.

10:30 – 12:00 p.m. Patient Specific Instrumentation: The Effectiveness of Appropriate Selection and Utilization for Shoulder Arthroplasty
Pascal Boileau, M.D., Joseph Iannotti, M.D., Ron Navarro, M.D., Anthony Romeo, M.D.

12:15 – 1:45 p.m. Company Sponsored Arthroplasty Luncheon Workshops Excellent faculty.
Lunch provided. Limited Registration! Sign up on our website early to secure your place.
OR 12:00 p.m. – 2:00 p.m. (in lieu of attending workshop session): Lunch on your own

Special Dynamic Sessions with Case Discussion and Personalized Interaction! Select One Option
2:30 – 4:30 p.m.

Latarjet Technique: Indications and Technical Pearls to Avoid Problems: A dynamic panel presentation covering the most vital components, indications, and strategies to perform this specialized procedure while preventing complications.
George Athwal, M.D., Pascal Boileau, M.D., Anthony Romeo, M.D., Richard Ryu, M.D.
FOLLOWED BY FOCUS DEMO: SCOPE LATARJET
George Athwal, M.D., Pascal Boileau, M.D.

Massive Rotator Cuff Repairs
The Debate on Best Treatment: Arthroscopic Repair (partial/complete) vs Patch Grafting vs Superior Capsular Reconstruction vs Tendon Transfer vs Reverse Prosthesis
Panel: Elhassan, Field, Franke, Lee

Mini-Executive Fellowship: Rotator Cuff Repair Using the SCOI ROW TECHNIQUE
Stephen Snyder, M.D.
You will be required to bring your own current laptop to this session.
Saturday – June 25, 2016

7:00 a.m. – 8:00 a.m. Continental Breakfast

Evidence-Value-Practice Climate Changes for the Shoulder Surgeon  
Moderator: Jon “J.P.” Warner, M.D.

8:00 – 8:15  Defining Value - Roadmap to the Future for Patients & Surgeons with Shoulder Disorders  
Jon “J.P.” Warner, M.D.

8:15 – 8:35  Keynote Lecture: Evidence-Based Medicine: A Practical Guide to Solving Clinical Problems and Developing Best Treatment Strategies  
Moderator: Mohit Bhandari, M.D.

8:35 – 9:10  Panel Discussion: The Future of Shoulder Care: Essential Considerations from Patients to Surgeons to Payers  
Panel: Bhandari, Burkhart, Navarro, Ryu, Savoie

9:10 – 9:40  Refreshment Break

Controversy and Gap in Knowledge #1: Proximal Humerus Fractures  
Moderator: Tom Norris, M.D.

9:40 – 9:50  Case Presentation:  
Is ORIF, Hemi, or Reverse the Best Solution?  
Moderator: Philippe Valenti, M.D.

9:50 – 10:00  My Approach to this Kind of Fracture is an ORIF  
Donald Wiss, M.D.

10:00 – 10:10  Hemiarthroplasty is the Way to Go  
Carl Basamania, M.D.

10:10 – 10:20  My Approach to this Kind of Fracture is Reverse Prosthesis  
Mark Frankle, M.D.

10:20 – 10:30  How to Manage Isolated Greater Tuberosity Fractures  
Carl Basamania, M.D.

10:30 – 11:00  Panel Discussion with Audience Participation:  
Case Outcome: Proximal Humerus Fractures  
Panel: Basamania, Frankle, Sanchez-Sotelo, Wiss

Controversy Gap in Knowledge #2: The Failed A.C. Joint  
Moderator: Felix Savoie, M.D.

11:00 – 11:10  Case Presentation:  
Failed Type III AC Separation In a 26 year old Male…  
Moderator Felix Savoie, M.D.

11:10 – 11:20  I Do a Revision Arthroscopic Surgery (Evidence/Experience)  
Ian Lo, M.D.

11:20 – 11:30  I Do an Open Revision Reconstruction (Evidence/Experience)  
Larry Field, M.D.

11:30 – 11:50  Panel Discussion with Audience Participation:  
Case Outcome: Failed AC Joint  
Panel: Field, Lo

Final Wisdom Lectures  
Moderator: Felix Savoie, M.D.

11:50 – 12:00  My Approach to Reduce Surgical Site Infections: What is the Evidence?  
Joaquin Sanchez-Sotelo, M.D.

12:00 – 12:10  The Snapping/Winging Scapula: What is the Evidence of Best Treatment for Your Patient  
Bassem Elhassan, M.D.

12:10 – 12:20  Questions from Audience  
Felix Savoie, M.D. and Jon "J.P." Warner, M.D.

12:20 – 12:35  Putting it All Together: Implementing Current Concepts into Practice  
Matthew Provencher, M.D., Jon "J.P." Warner, M.D.

12:35 – 12:45  Final Thoughts  
Jamec C. Esch, M.D., Jon "J.P." Warner, M.D.

12:45 p.m.  Adjourn

Join us next year for the 34th Annual San Diego Shoulder Course!  
June 14 – 17, 2017
The physician registration fee of $1,450 is inclusive of course lectures, the Wednesday PM Workshop, the course syllabus, and meals and refreshments provided by the course. All other sessions require pre-registration and fees as detailed on the registration form.

Refunds will be subject to a non-refundable $100 processing fee. Requests for refunds must be received in writing at the San Diego Shoulder Institute office. No refunds will be issued after May 31, 2016.

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards, San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this live educational activity for a maximum of 36 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME credits for this course are calculated as follows:

**LECTURES:**
18 AMA PRA Category 1 Credits™

**LABS:**
- Arthroscopy Skills Session (Shoulder Model Lab): 4 AMA PRA Category 1 Credits™
- Cadaver Arthroscopic Surgical Lab: 3.5 AMA PRA Category 1 Credits™
- Mini-Executive Fellowship: Rotator Cuff Repair: 2 AMA PRA Category 1 Credits™
- Total Shoulder and Fracture Fixation Workshop: 2 AMA PRA Category 1 Credits™
- Total Shoulder Replacement/Reverse Total Shoulder Replacement Cadaver Lab: 3.5 AMA PRA Category 1 Credits™

**Special Break-Out Sessions:**
1.5 AMA PRA Category 1 Credits™ per segment
- Controversies in Instability
- Proximal Humerus and Other Fractures
- Patient Specific Instrumentation: The Effectiveness of Appropriate Selection and Utilization for Shoulder Arthroplasty
2 AMA PRA Category 1 Credits™ per segment
- Massive Rotator Cuff Repairs: The Debate on Best Treatment Options
- Latarjet Technique: Indications and Technical Pearls to Avoid Problems
- Tips for Reverse Shoulder Arthroplasty
4 AMA PRA Category 1 Credits™
- Evaluation and Treatment of the Throwing Shoulder

San Diego Shoulder Institute is an approved International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Teaching Center. Please notify our registration staff if you are interested in completing an ISAKOS evaluation form or obtaining ISAKOS certification for this course.

San Diego Shoulder Institute (SDSI) is committed to presenting CME activities that promote improvements or quality in healthcare and are independent of the control of commercial interests. Commercial support is defined as financial, or in-kind, contributions given by a commercial interest and used to pay all or part of the costs of a CME activity. The source of all support from commercial interests is disclosed in a handout included in course materials. SDSI makes all decisions regarding use and disbursement of commercial support in compliance with the Accreditation Council for Continuing Medical Education's (AccME) Standards for Commercial Support, the American Medical Association's (AMA) ethical opinion on gifts to physicians, Advamed and Pharmed standards, and other regulatory standards.

Faculty Disclosure of Relevant Financial Relationship

SDSI requires all faculty members to disclose all relevant financial relationships with any commercial interest(s). Disclosure includes documentation of any relevant financial interests within the past 12 months, the name of the commercial interest, and the nature of the relationship. This information is disclosed in the form of a slide prior to each lecture presentation and in the course syllabus. The information also lists those individuals with no financial relationships to disclose. All conflicts of interest potentially impacting educational content have been resolved prior to this course.

Commercial Support

San Diego Shoulder Institute complies with the Americans with Disabilities Act. Should you need any special assistance, please contact a member of our staff at 760-940-2066 or sdsi_info@shoulder.com. Every reasonable effort will be made to accommodate your needs.

Accommodations for Individuals with Disabilities

For additional information contact San Diego Shoulder Institute
Office: (760) 940-2066 / Fax: (951) 695-6801 • email: sdsi_info@shoulder.com
Register online at www.shoulder.com
Laboratory / Workshop Objectives:
Upon completion of this CME activity, participants will be able to:
- Discuss specific steps to perform a complete procedure as covered in the session.
- State specific strategies that will be implemented in the practice setting as a result of session participation to improve practice and/or patient outcomes.

Lecture Objectives:
Upon completion of this CME activity, participants will be able to:
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
- Identify strategies to improve assessment and management of shoulder disorders.
- Identify opportunities to implement evidence-based techniques into current practice.
- Identify options for the treatment of complex shoulder disorders.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
- Integrate evidenced-based approaches into optimal clinical decision-making strategies.
- Identify strategies to improve assessment and management of shoulder disorders in the clinical setting.
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.

### 2016 COURSE OBJECTIVES

**Lecture Objectives:**
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
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**Laboratory / Workshop Objectives:**
- Discuss specific steps to perform a complete procedure as covered in the session.
- State specific strategies that will be implemented in the practice setting as a result of session participation to improve practice and/or patient outcomes.

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### Wednesday Arthroscopy Skills Session
8:00 a.m. – 1:00 p.m.
- Arthrex
- ConMed
- DePuy Synthes
- Mitek
- Smith & Nephew
- Zimmer Biomet

**Wednesday Cadaver Total Shoulder / Reverse Total Shoulder Small Group Lab**
8:30 a.m. – 12:00 p.m.
- Arthrex
- DePuy Synthes
- JOI
- Exactech
- FH Orthopedics
- Integra
- Stryker
- Wright
- Zimmer Biomet

**Wednesday Exclusive Personalized Instructional Cadaver Lab (EPIC)**
Lab: 10:00 a.m. – 11:30 a.m.
- Arthrex: Brian Cof, M.D., Anthony A. Romeo, M.D.
- DePuy Synthes: John Costouros, M.D., Bassem Elhassan, M.D.
- JOI: Joseph Iannotti, M.D.
- Exactech: Lynn Crosby, M.D., Joseph Zuckerman, M.D.
- Stryker: Joaquin Sanchez-Sotelo, M.D.
- Wright: Pascal Boileau, M.D., Jon J.P. Warner, M.D.
- Zimmer Biomet: Evan Flattow, M.D., Tom Duquin, M.D.

**Friday Arthroscopy/Latarjet Cadaver Lab**
7:30 a.m. – 11:00 a.m.
- Arthrex: ConMed
- DePuy Synthes
- JOI
- Exactech
- FH Orthopedics
- Integra
- Stryker
- Wright
- Zimmer Biomet

**Friday Exclusive Personalized Instructional Cadaver Lab (EPIC)**
Lab: 8:00 a.m. – 9:30 a.m.
- Arthrex: Matthew Prowencher, M.D., Anthony A. Romeo, M.D.
- ConMed: Jeffrey Abrams, M.D., Don Butford, M.D.
- DePuy Synthes: John Costouros, M.D., Mark Getelman, M.D.
- JOI: Mark Franklin, M.D.
- Smith & Nephew: Larry Field, M.D., Scott Trenhaile, M.D.
- Stryker: Mark Mighell, M.D., Joaquin Sanchez-Sotelo, M.D., Stefan Tolani, M.D.
- Wright: Pascal Boileau, M.D.
- Zimmer Biomet: R. Michael Grewe, M.D.

**Friday A.M. Break-Out Sessions:**
- Tips for Reverse Shoulder Arthroplasty .......................................................................................................................... $25
- Controversies in Instability: An Evidenced-Based Approach to Bone loss ............................................................... $25
- Beach-Chair vs. Lateral Decubitus, and other issues .................................................................................................. $25
- Proximal Humerus and Other Fractures ........................................................................................................................ $25
- Patient Specific Instrumentation: The Effectiveness of Appropriate Selection and Utilization for Shoulder Arthroplasty .... $25
- Evaluation and Treatment of the Throwing Shoulder ........................................................................................................ $25
- IllUS-ACCESS REQUIRED. BUs LEAVES HOTEL LOWER LEVEL LOBBY AT 8:15 AM. .................................................. $125

**Friday P.M. Break-Out Sessions:**
- Special Dynamic Sessions with Case Discussion and Personalized Interaction! 2:30 p.m. – 4:30 p.m. ......................... $25
- Massive Rotator Cuff Repairs: The Debate on Best Treatment ......................................................................................... $25
- Mini-Executive Fellowship: Rotator Cuff Repair ............................................................................................................... $150

**Latarjet Technique: Indications and Technical Pearls to Avoid Problems** FOLLOWED BY FOCUS DEMO: SCOPE LATERJET ................................................................................. $50

**2016 DVD for Course Registrants** .................................................................................................................................................. $275
Don’t miss the opportunity to have all of this valuable information on DVD.

ORDER YOUR DVD NOW!
To be delivered mid October 2016

DVD CME ACCREDITATION

The DVD series is inclusive of all course lectures and a detailed course syllabus. This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this enduring material educational activity for a maximum of 28 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DVD Date of Release: 10/01/16
DVD Expiration Date: 10/01/18

LEARNING OBJECTIVES

Upon completion of this CME activity, participants will be able to:

• Identify strategies to improve practice and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, and shoulder fractures.
• Identify opportunities to implement evidenced-based techniques into current practice.
• Identify options for the treatment of complex shoulder disorders.
• Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
• Integrate evidenced-based approaches into optimal clinical decision-making strategies.
• Identify strategies to improve assessment and management of shoulder disorders in the clinical setting.
• Identify approaches to enhance the clinical diagnosis of shoulder disorders.

HOW TO ORDER YOUR DVD!

• DVD .................................................................................................................................... $600
  CA Residents Include 8.75% sales tax.................................................................................... ($52.50)
  San Diego County Residents Include 9.00% sales tax.......................................................... ($54.00)

Please add shipping as follows:
• Shipping U.S. (except Alaska, Hawaii, & Puerto Rico) ............................................................ $25
• Shipping to Alaska, Hawaii, & Puerto Rico ............................................................................... $100
• Shipping Outside U.S. ............................................................................................................ $100

To order your 2016 DVD please go to www.shoulder.com and click on the DVD link.

For additional information, please contact the San Diego Shoulder Office at 760-940-2066 or sdsi_info@shoulder.com
Hilton BayFront, San Diego
One Park Boulevard • San Diego, California 92101
📞 (619) 564-3333 or
📞 (800)-HILTONS (800-445-8667)

Rooms can be reserved at the Hilton Bayfront San Diego online at www.shoulder.com, by visiting www.HiltonSanDiegoBayfront.com or at one of the phone numbers above. Use group code SDSS when making your reservations. A block of rooms has been reserved for June 22-25, 2016. The special room rate of $265 per night for a single/double room will be available until May 21, 2016. Rooms available at the group rate are subject to availability.

Rising 30-stories above San Diego Bay, the Hilton San Diego Bayfront is a spirited blend of San Diego’s coastal influences, style, innovation, and of course the city’s unmistakable vibe. Inspirational local art throughout the hotel draws upon light, wind and the San Diego Bay waterfront to create dramatic, uplifting spaces. With light hues, clean lines, and an awakened design, there is a flow and pulse to everything. Also enjoy magnificent San Diego Bay and city views from our lobby and 1,190 spacious guestrooms and 30 suites. Each room at the Hilton San Diego Bayfront has a bay view and features Hilton’s Serenity Collection bed and linens, the finest amenities such as Peter Thomas Roth Clinical Skin and Hair products, and the latest technology.

Other highlights of the hotel include:

- San Diego’s first and only saltwater hotel pool, located directly alongside San Diego Bay.
- A 4.3-acre park and waterfront promenade with a lush variety of trees and plants.
- Spa Aqauzul and fitness center, a therapeutic ocean oasis offering an elaborate range of relaxation and renewal.
- Direct access to biking, walking and boating along the San Diego Embarcadero and on San Diego Bay.
- Guestrooms average a spacious 365 sq. feet and come equipped with a large work desk.
- Full service UPS Store/Business Center located on the third floor of the property.
- A Starbucks Coffee Shop located on the first floor of the property.

Directions to the hotel:

**From San Diego International-Lindbergh Field:**
Out of airport follow signs for Interstate 5/downtown. The ramp will put you on Harbor Drive going south.
Continue to Park Blvd., turn right.
Distance from Hotel: 3 miles
Drive Time: 10 minutes

**Driving South on Interstate 5:**
Take Front Street exit.
Continue on Front Street until you reach Harbor Drive, turn left.
Continue to Park Blvd., turn right.